



radKIDS Personal Empowerment and Safety Education Program
 Rancho Bernardo Community Presbyterian Church
 March 13, 15, 20, 22/Tue & Thur
 5:30-8:00 p.m. (10 hours total)
 This course is for girls and boys ages 8-12.

Dear Parent, Grandparent, or Guardian:

RBCPC and Pacific Coast RAD & radKIDS are hosting "**radKIDS**", a nationwide children's personal empowerment safety education program (www.radkids.org) for girls and boys **aged 8 to 12 years**. The course is taught by certified radKIDS instructors. See the radKIDS website: radkids.org
 The course has physical aspects like crawling under a sheet (simulating smoke!), about 13 defensive techniques, and the sight, sound, & distance drill. You will be provided with a 47-page family safety manual, which follows the instructor's teaching syllabus. Your child will be provided with a coloring activity book.

We teach your child very important life skills so your presence is required. Your presence can build an awesome safety partnership with your child! You will learn stuff too!!!

We provide a Certificate of Completion with your child's photo and fingerprint at the end of the course and a "cool" radKIDS wristband.

Once you are confirmed for the class, you will receive three (3) forms which are necessary for your child to participate in the class. The Waiver is a standard acknowledgement of the physical nature of the class; the Class Rules form speaks to the rules, rewards, and discipline expected in the course; and the Wellness form gives us an idea of any physical limitations your child may have. If you have any questions about the course or forms please call or email:

Lead radKIDS Instructor Steve Williams/619-922-0488, pacificcoastrad@cox.net

- We begin the class at 5:30 p.m. and conclude at 8:00 p.m.
 - Class Dates/Days: March 13, 15, 20, 22/Tue & Thu, (4 sessions total)
 - Class Location: Room 260/261
 - Class Cost: \$30 per child/checks payable to: "Pacific Coast RAD & radKIDS"
 - Please have your child wear tennis/sneaker type shoes. **Please no sandals or open-toe shoes.**
- Please return this registration form to the preschool office. You will then be contacted via e-mail for confirmation into the class. **Return this form by March 2nd.**

Child Name	Age

Parent Name	
-------------	--

E-Mail Address (for confirmation of attendance)	
---	--

THE r.a.d.KIDS OBJECTIVE: *To provide educational opportunities for children and parents, concerning awareness and self defense strategies, instilling confidence and reducing the possibility of adverse physical control and/or harm.*